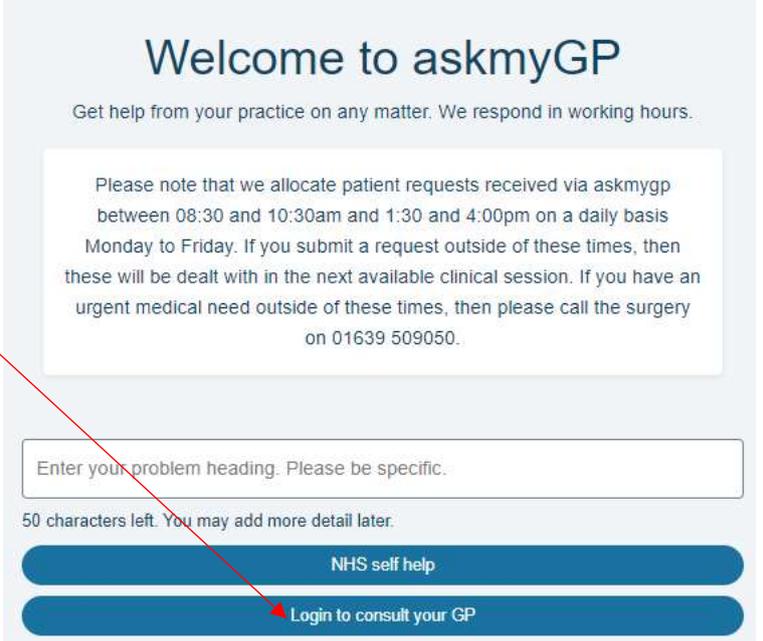
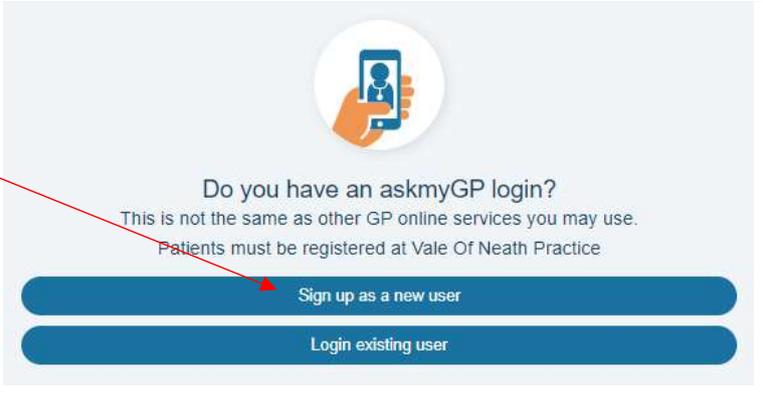
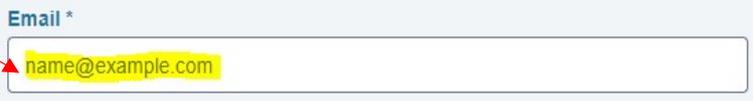


1.	Check you are using a supported Internet browser on your mobile phone, tablet device, laptop or PC:	<p>Supported browsers are:</p> <ul style="list-style-type: none"> • Google Chrome • Microsoft Edge (Windows 10) • Safari (Apple version 10+) • Firefox
2.	Click link to access Ask My GP:	https://my.askmygp.uk/?c=W98046
3.	Click "Login to consult your GP" button:	
4.	Click "Sign up as a new user" button:	
5.	Enter all of your personal information in the relevant boxes on the sign up form:	

6.	<p>Enter your email address in the box on the signup form:</p> <p><u>Please note: personal email address's can only be registered on "Ask My GP" once, if you wish to submit requests for a family member you care for, this can be arranged after your account has been created.</u></p>	
7.	<p>Create and enter a password that will meet the complexity criteria, as indicated by the GREEN status bars:</p> <p>Note: using a minimum of 10 characters, which includes uppercase, lowercase, numbers and a special character (£,\$,%,#,&) will usually work.</p>	
8.	<p>Check the box (highlighted yellow) to accept the "End-user licence agreement":</p> <p>Note: you can click the link if you wish to read the licence agreement before accepting.</p>	
9.	<p>Click the "Confirm" button to complete the registration process:</p>	
10.	<p>Once logged in from the "Home" screen you can add a new request, view past requests, edit your details or add registered patients that you care for:</p> <p>Note: to access the system menu, click the button with the 3 horizontal blue lines, next to the help (?) button as shown:</p>	
11.	<p>Finally when adding a new request, select asking as a "patient" for yourself or "parent or carer" on behalf of someone else:</p>	